



MPINGO WAMPHAMVU

Z O P O S A

Mbiri ya Wophunzira



 **LIVING ON THE EDGE™**

ZOKHUDZA UTUMIKI WA LIVING ON THE EDGE

Utumiki wa Living on the Edge ulipo pothandiza Akhristu kuti adzikhala monga Akhristu. Utumikiwu unayambitsidwa mu 1995 ngati utumiki wa pawailesi wa a Chip Ingram, yemwe ndi m'busa komanso wa zolembalemba. Pakali pano, Mulungu anakulitsa utumikiwu n'kukhala utumiki wa ophunzira dziko lonse lapansi. Utumiki wa Living on the Edge umapereka ziphunzitso komanso zipangizo kwa Akhristu onse padziko lapansi kuti ziwathandize kukhala ophunzira a Yesu Okhwima.



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MPINGO WAMPHAMVU

Z O P O S A

Chiyambi

PHUNZIRO 1



1. Kodi Tili Pano Lero Chifukwa Chiyani?

A. Kuti **TILEMEKEZE** Mulungu.

Lemekezani AMBUYE pamodzi ndi ine; tiyeni tikweze dzina lake pamodzi.

M A S A L I M O 3 4 : 3

B. Kuti **TISUNTHIRE** chifupi ndi Mulungu.

Tiyeni tisunthire chifupi ndi Mulungu moona mtima ndi chitsimikizo chachikulu chimene chikhulupiliro chimabweretsa...

A H E B E R I 1 0 : 2 2

C. Kuti **TIPEZE** njira za mu Buku Lopatulika zosinthira anthu kuti akhale ophunzira.

Chifukwa chake mukani, phunzitsani anthu a mitundu yonse, ndi kuwabatiza iwo m'dzina la Atate, ndi la Mwana, ndi la Mzimu Woyera: ndi kuwaphunzitsa, asunge zinthu zonse zimene ndinakulamulirani inu.

M A T E Y U 2 8 : 1 9 - 2 0



Ntchito: Zokambirana

1. Khalani m'magulu a anthu a pakati pa 3 ndi 5, ndipo aliyense adzifotokoze mwachidule. Kodi m'kuyembekezera zotani mu nthawi yathu limodzi?
2. Kodi muli ndi masomphenya otani pa ana anu (kapena ana anu am'tsogolo)?

2. Masomphenya a Mulungu pa Mpingo Wanu

- A. Kholo lirilonse liri ndi **MASOMPHENYA** pa ana ake.
 - B. Mulungu wathu wakumwamba ali ndi masomphenya pa aliyense mwa **ANA** ake.
 - C. Masomphenya a Mulungu ndi kupanga ana ake kukhala monga **YESU**. (Mateyu 5:48, Aroma 8:29, Aefeso 4:13)
 - D. Malingaliro a Mulungu posintha anthu kuti akhale ophunzira ndi **MPINGO**. (Mateyu 5:13-16)
- “Chofunikira chachikulu mumpingo ndi kuti Akhristu adzikhala monga Akhristu.” - **CHIP INGRAM**
- E. FUNSO: Kodi **MPINGO** **WABWINO** umaoneka bwanji?



3. Zizindikiro Zitatu za Mpingo Wabwino

A. Anthu otaika **AMABWERA** **KWA** **KHRISTU**.

NTCHITO YAIKULU

“Ndipo Yesu anadza nalankhula nawo, nanena, Mphamvu zonse zapatsidwa kwa Ine Kumwamba ndi pa dziko lapansi. Chifukwa chake mukani, phunzitsani anthu a mitundu yonse, ndi kuwabatiza iwo m’dzina la Atate, ndi la Mwana, ndi la Mzimu Woyera: ndi kuwaphunzitsa, asunge zinthu zonse zimene ndinakulamulirani inu; ndipo onani, Ine ndi ili pamodzi ndi inu masiku onse, kufikira chimaliziro cha nthawi ya pansi pano.”

M A T E Y U 28 : 18 - 20

B. Anthu opezeka **AMAKULA** **M’KAKHWIMIDWE**.

LAMULO LALIKULU

“Udzikonda Ambuye Mulungu wako ndi mtima wako wonse ndi moyo wako wonse ndi nzeru zako zonse.’ Ili ndilo lamulo lalikulu ndi loyamba. Ndipo lachiwiri lolingana nalo ndi ili: ‘Udzikonda mnzako monga udzikonda iwe mwini.’ Pa malamulo awa awiri mpokolowekapo chilamulo chonse ndi aneneri.”

M A T E Y U 22 : 37 - 40

C. Anthu okonzekera **KUKWANIRITSA** **ZOSOWA** m'dera.

 CHIFUNDO CHACHIKULU

“Pomwepo Mfumuyo idzanena kwa iwo a kudzanja lake lamanja, Idzani kuno inu odalitsika a Atate wanga, lowani mu Ufumu wokonzedwera kwa inu pa chikhazikiro chake cha dziko lapansi: pakuti ndinali ndi njala, ndipo munandipatsa Ine kudya; ndinali ndi ludzu, ndipo munandimwetsa Ine; ndinali mlendo, ndipo munachereza Ine; wamaliseche Ine, ndipo munandiveka; ndinadwala, ndipo munadza kucheza ndi Ine; ndinali m'nyumba yandende, ndipo munadza kwa Ine. Pomwepo olungama adzamyankha Iye kuti, Ambuye, tinakuonani Inu liti wanjala, ndi kukudyetsani? Kapena waludzu, ndi kukumwetsani? Ndipo tinaona Inu liti mlendo, ndi kukucherezani? Kapena wamaliseche, ndi kukuvekani? Ndipo tinakuonani Inu liti wodwala, kapena m'nyumba yandende, ndipo tinadza kwa Inu? Ndipo Mfumuyo idzayankha nidzati kwa iwo, Indetu ndinena kwa inu, Chifukwa munachitira ichi mmodzi wa abale anga, ngakhale ang'onong'ono awa, munandichitira ichi Ine.”

M A T E Y U 25 : 34 - 40

Mpingo wanu ukapanga zinthu zitatu izi, ndiye kuti ndi

MPINGO

WAMPHAMVU

ZOPOSA

!



4. Zomwe Mipingo Yabwino Ikufunikira Kuti Ithe Kusintha Anthu N'kukhala Ophunzira

A. . Mpingo uliwonse ukufunika kukhala ndi **CHITHUNZITHUNZI**
CHABWINO cha kukhala wophunzira.

B. Mpingo uliwonse ukufunika atsogoloeri amene **POYAMBA**
ndi ophunzira ndipo **KACHIWIRI** ndi atsogoleri.

“Mpingo udzadzuka ndi kugwa chifukwa cha utsogoleri wa
uzimu wa abusa ake komanso mphamvu za ophunzira ake.”

- DENNIS BARIL

C. Mpingo uliwonse ukufunika **MBIRI** ndi **NDONDOMEKO**
kuti usinthe anthu kuti akhale ophunzira.

5. Mbiri ya wophunzira: Aroma 12

1 Chifukwa chake ndikupemphani inu, abale, mwa zifundo za Mulungu, kuti mupereke matupi anu nsembe yamoyo, yopatulika, yokondweretsa Mulungu, ndiko kupembedza kwanu koyenera.

2 Ndipo musafanizidwe ndi makhalidwe a pansi pano: koma mukhale osandulika, mwa kukonzanso kwa mtima wanu, kuti mukazindikire chimene chili chifuno cha Mulungu, chabwino, ndi chokondweretsa, ndi changwiro.

3 Pakuti ndi chisomo chapatsidwa kwa ine, ndiuza munthu aliyense wa inu, kuti asadziyese koposa kumene ayenera kudziyesa; koma aganize modziletsa yekha, monga Mulungu anagawira kwa munthu aliyense muyeso wa chikhulupiriro. 4 Pakuti monga m'thupi limodzi tili nazo ziwalo zambiri, ndipo ziwalo zonsezo sizili nayo ntchito imodzimodzi, 5 chomwecho ife, ndife ambiri, tili thupi limodzi mwa Khristu, ndi ziwalo zinzake, wina ndi wina. 6 Ndipo pokhala ife ndi mphatso zosiyana, monga mwa chisomo chopatsidwa kwa ife, kapena mphatso yakunenera, tinenere monga mwa muyeso wa chikhulupiriro; 7 kapena yakutumikira, tidzipereke ku utumiki uwu; kapena iye wakuphunzitsa, kukuphunzitsako; 8 kapena iye wakudandaulira, kukudandaulirako; wakugawira achite ndi mtima woona; iye wakuweruza, aweruza ndi changu; iye wakuchita chifundo, achite ndi kukondwa mtima.



PHUNZIRO 1

9 Chikondano chikhale chopanda chinyengo. Dana nacho choipa; gwirizana nacho chabwino. 10 M'chikondano cha anzanu wina ndi mnzake mukondane ndi chikondi chenicheni; mutsogolerane ndi kuchitira wina mnzake ulemu. 11 Musakhale aulesi m'machitidwe anu; khalani achangu mumzimu, tumikirani Ambuye. 12 Kondwerani m'chiyembekezo, pirirani m'masautso; limbikani chilimbikire m'kupemphera. 13 Patsani zosowa oyera mtima; cherezani aulendo.

14 Dalitsani iwo akuzunza inu; dalitsani, musawatemberere.

15 Kondwani nao iwo akukondwera; lirani nao akulira. 16 Mukhale ndi mtima umodzi wina ndi mnzake. Musasamalire zinthu zazikulu, koma phatikanani nao odzichepetsa. Musadziyesere anzeru mwa inu nokha. 17 Musabwezere munthu aliyense choipa chosinthana ndi choipa. Ganiziranitu zinthu za ulemu pamaso pa anthu onse. 18 Ngati nkutheka, monga momwe mukhoza, khalani ndi mtendere ndi anthu onse. 19 Musabwezere choipa, okondedwa, koma patukani pamkwiyo; pakuti kwalembedwa: "Kubwezera kuli kwanga, Ine ndidzabwezera," ati Ambuye. 20 "Koma ngati mdani wako akumva njala, umdyetse, ngati akumva ludzu, ummwetse; pakuti pakutero udzaunjika makala a moto pamutu pake." 21 Musagonje kwa choipa, koma ndi chabwino gonjetsani choipa.

A R O M A 1 2 : 1 - 2 1

A. Maubale akuluakulu asanu opezeka pa Aroma 12:

MULUNGU (vesi 1)

DZIKO LAPANSI (vesi 2)

INUYO (vesi 3 mpaka 8)

OKHULUPILIRA (vesi 14 mpaka 21)

OSAKHULUPILIRA (vesi 14 mpaka 21)

B. Momwe WOPHUNZIRA amakhalira potsatira Aroma 12:

Mulungu ➤ KUPEREKA moyo wanga

Dziko lapansi ➤ KULEKANA ndi mfundo za m'dziko lapansi

Inuyo ➤ KUDZIUNIKA moona mtima

Okhulupilira ➤ KUTUMIKIRA m'chikondi

Osakhulupilira ➤ Kubwezera chabwino ku choipa motsogozedwa
ndi MZIMU WOYERA .



PHUNZIRO 1

C. Musaphonye izi: Kukhala wophunzira **WENIWENI**:

- ☑ Kumatengera chisomo, osati ntchito zathu
- ☑ Kwagona pa maubale, osati zomwe timayankhulana ndi ena
- ☑ Kwagona pochita, osati kulingalira chabe
- ☑ Kumayezedwa, osati wosaoneka bwinobwino

6. Vuto

A. Ndikosatheka **KUPEREKA** chimene **MULIBE**. Tikuyenera **KUKHALA** omwe tikufuna anthu athu kuti **AKHALE**.

B. Mulungu ayenera agwire ntchito **MWAKUYA** mwa ife asanagwire ntchito **YAMPHAMVU** kudzera mwa ife.



Kudzipereka ku Utsogoleri

- ☑ Ndikudzipereka kukhala **WOPHUNZIRA** wa Yesu ndisanakhale **MTSOGOLERI** pa ntchito ya Yesu.

PHUNZIRO 1

🔗 Ntchito - Kulingalira Payekhapayekha komanso Kukambirana

1. Kulingalira: Kuti mumvetsetse, dziunikeneni nokha komanso mpingo wanu pogwiritsa ntchito mulingo wa 1 mpaka 10 pa chizindikiro chilichonse cha wophunzira:

“Ndinakufunani ndi mtima wanga wonse; ndisasokere kusiyanana nao malamulo anu.”

(M A S A L I M O 119 : 10)

Ndipereka moyo wanga kwa Mulungu

	Gawo la Moyo Wanu Lofunika Kukula					Gawo la Moyo Wanu Lomwe Mukuchita Bwino				
INU	1	2	3	4	5	6	7	8	9	10
MPINGO	1	2	3	4	5	6	7	8	9	10

Kulekana ndi Mfundo za M'dziko Lapansi

	Gawo la Moyo Wanu Lofunika Kukula					Gawo la Moyo Wanu Lomwe Mukuchita Bwino				
INU	1	2	3	4	5	6	7	8	9	10
MPINGO	1	2	3	4	5	6	7	8	9	10

Kulekana ndi Mfundo za M'dziko Lapansi

	Gawo la Moyo Wanu Lofunika Kukula					Gawo la Moyo Wanu Lomwe Mukuchita Bwino				
INU	1	2	3	4	5	6	7	8	9	10
MPINGO	1	2	3	4	5	6	7	8	9	10



PHUNZIRO 1

Kutumikira Okhulupilira Ena Mwachikondi

	Gawo la Moyo Wanu Lofunika Kukula					Gawo la Moyo Wanu Lomwe Mukuchita Bwino				
INU	1	2	3	4	5	6	7	8	9	10
MPINGO	1	2	3	4	5	6	7	8	9	10

Kubwezera Chabwino ku Choipa Motsogozedwa ndi Mzimu Woyera

	Gawo la Moyo Wanu Lofunika Kukula					Gawo la Moyo Wanu Lomwe Mukuchita Bwino				
INU	1	2	3	4	5	6	7	8	9	10
MPINGO	1	2	3	4	5	6	7	8	9	10

2. Kukambirana: Khalani m'magulu a anthu a pakati pa 3 ndi 5, ndipo potengera momwe mwadziunikira pamwambapa, fotokozani gawo limodzi la moyo WANU lomwe mukuchita bwino ndi gawo limodzi la moyo WANU lomwe simukuchita bwino.

3. Sankhani munthu m'modzi kapena awiri kuti apemphere kuti Mulungu ativumbulire tanthauzo la kukhala mtsogoleri mu Ufumu Wake.



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Z O P O S A

Kodi Mulungu Akufuna Chiyani
kwa Ine?



Kodi Mulungu akufuna chiyani kwa ine?

Chizindikiro choyamba cha wophunzira wa pa Aroma 12 chikukhudza ubale wathu ndi **MULUNGU**.

1. Momwe Tingamupatsire Mulungu Zimene Iye Akufuna

Chifukwa chake ndikupemphani inu, abale, mwa zifundo za Mulungu, kuti mupereke matupi anu ngati nsembe yamoyo, yopatulika, yokondweretsa Mulungu, ndiko kupembedza kwanu koyenera.

A R O M A 1 2 : 2

- A. **Lamulo:** “ **PEREKAN** matupi anu ngati nsembe ya moyo”
- B. **Chilimbikitso:** “ **CHIFUNDO** cha Mulungu”
- C. **Chifukwa chake:** “ **KUPEMBEDZA** koyenera .”

2. Kudzipereka ndi Kupembedza Muchoona

A. Mulungu akufuna INU NONSE! (Eksodo 20:3, Mateyu 6:33)

Ufumu wa Kumwamba uli wofanana ndi chuma chobisika m'munda; chimene munthu anachipeza, nachibisa; ndipo m'kuchikonda kwake achoka, nagulitsa zonse ali nazo, nagula munda umenewu. Ndiponso Ufumu wa Kumwamba uli wofanana ndi munthu wa malonda, wakufuna ngale zabwino: ndipo m'mene anaipeza ngale imodzi ya mtengo wapatali, anapita, nagulitsa zonse anali nazo, naigula imeneyo."

M A T E Y U 13 : 44 - 46

B. **Vuto:** timatenga kudzipereka ngati chinthu CHOIPA komanso ngati KUGONJETSEDWA.

C. **Chilungamo chake:** Kudzipereka ndi NJIRA imene madalitso abwino ndi aakulu a Mulungu amadzera. (MASALIMO 84:11)



D. Kudzipereka ndi **CHIGANIZO** komanso **NDONDOMEKO**. Ndi chisankho chimene chimabweretsa khalidwe.

Pamenepo ananena kwa iwo, “Moyo wanga uli wozingidwa ndi chisoni cha kufika nacho kuimfa; khalani pano muchezere pamodzi ndi Ine.” Ndipo anamuka patsogolo pang’ono, nagwa nkhope yake pansi, napemphera, nati, “Atate ngati nkutheka, chikho ichi chindipitirire Ine; koma si monga ndifuna Ine, koma Inu.”

M A T E Y U 26 : 38 - 39

E. Timamupatsa Mulungu **CHILICHONSE** pomupatsa Iye **CHINTHU** **CHOTSATIRA**.

Ndipo anati, “Tengatu mwana wako, wamwamuna wayekhayo, Isake amene ukondana naye, numuke ku dziko la Moriya; numpereke iye kumeneko nsembe yopsereza pa limodzi la mapiri lomwe ndidzakuuza iwe.”

G E N E S E S I 22 : 2



Kudzipereka ku Utsogoleri

- ☑ Ndikutsimikiza **KUDZIPEREKA** zonse zimene ndi ili ndi zonse zimene ndi ili nazo kwa Mulungu.



Ntchito - Zokambirana

1. Khalani m'magulu a anthu a pakati pa 3 ndi 5. Kodi mukuganiza kuti n'chifukwa chiyani Akhristu ambiri samakhala moyo wodzipereka?

2. Kodi "Isake" wanu ndi chiyani? Kodi chinthu chotsatira chimene Mulungu akukupemphani kuti mumupatse ndi chiyani?

3. Sankhani munthu mmodzi kapena awiri kuti apemphere kuti Mulungu akupatseni mphamvu yoti mupereke "Isake" wanu kwa iye.



MPINGO WAMPHAMVU

Z O P O S A

Kodi Ndingapeze Bwanji Zabwino za
Mulungu M'moyo Wanga?



Kodi Ndingapeze Bwanji Zabwino za Mulungu M'moyo Wanga?

Chizindikiro chachiwiri cha wophunzira wa pa Aroma 12 chikukhudza ubale wathu ndi **DZIKO LAPANSI**.

1. Momwe Mungapezere Zabwino za Mulungu pa Moyo Wanu

Ndipo musafanizidwe ndi makhalidwe a pansi pano, koma mukhale osandulika, mwa kukonzanso kwa mtima wanu, kuti mukazindikire chimene chili chifuno cha Mulungu, chabwino, ndi chokondweretsa, ndi changwiro.

A R O M A 1 2 : 2

A. Kodi ndi chifukwa chiyani pali **ZIGANIZO** za chipulumutso zambiri koma **OPHUNZIRA** odzipereka ochepa?

B. **Lamulo loletsa:** “Musafanizidwe ndi makhalidwe a pansi pano....”

Kumasulira kwake: Musiye kulola kuti kakhalidwe ndi kaganizidwe kanu kadzitsanzira **ZOCHITIKA** ndi zilakolako za m’dziko lino lapansi.

Kugwiritsa ntchito kwake: Tikuyenera kukhala **OLEKANA** ndi mfundo za m’dziko lapansi.

C. **Lamulo la zoyenera kuchita:** “... khalani osandulika, mwa kukonzanso kwa mtima wanu.”

Kumasulira kwake: Lorani Mulungu kuti akusintheni kwathunthu m’kaganizidwe ka mkati mwanu ndi khalidwe lanu lakunja pogwirizana naye moona mtima nthawi ndi nthawi komanso ndi dongosolo la kusintha kotsogozedwa ndi Mzimu.

Kugwiritsa ntchito kwake: Tikuyenera kupangidwa ndi **MAWU**, osati **DZIKO** lapansi..



2. Kulekana ndi Mfundo za M'dziko Lapansi

Musakonde dziko lapansi, kapena za m'dziko lapansi. Ngati wina akonda dziko lapansi, chikondi cha Atate sichili mwa iye. Pakuti chilichonse cha m'dziko lapansi, chilakolako cha thupi ndi chilakolako cha maso, matamandidwe a moyo, sizichokera kwa Atate, koma kudziko lapansi. Ndipo dziko lapansi lipita, ndi chilakolako chake; koma iye amene achita chifuniro cha Mulungu akhala kunthawi yonse.

1 YOHANE 2:15-17

Chidule chake: Dongosolo la dziko lapansi limafuna kutikopa ife kuti tichoke ku chikondi cha Khristu kudzera mu **ZOSANGALATSA THUPI**, **CHUMA**, ndi **MAUDINDO**.

3. Ngodya za Kusintha Kaganizidwe Kanu

- A. Ndi ndondomeko **YOPITILIRA** . (Akolose 3:1-4)
- B. Ndi **NKHONDO** . (2 Akorinto 10:4-5)
- C. Ndi ntchito **YAUZIMU** yogwiridwa ndi Mzimu Woyera. (Aroma 8:5-6)

4. Njira Zotsata Posintha Kaganizidwe Kanu

- A. **MVETSERANI** Mawu a Mulungu (Aroma 10:17)
- B. **WERENGANI** Mawu a Mulungu (Chibvumbulutso 1:3)
- C. **ZUKUTANI** Mawu a Mulungu (2 Timoteo 2:15)
- D. **LOWEZANI** Mawu a Mulungu (Masalimo 119:9,11)
- E. **LINGALIRANI** Mawu a Mulungu (Yoswa 1:8)

“Tikufunika kukhala anthu a m’Buku Lopatulika: Osati anthu ongodziwa chabe zomwe Buku Lopatulikalo likunena, koma anthu amene amakhala moyo wa mu Buku Lopatulika komanso wotsogozedwa ndi Buku Lopatulika, anthu amene ali odzadzidwa ndi Mawu a Mulungu, anthu amene amakhala komanso kupuma Mawuwo,”- **N.T. WRIGHT**



Kudzipereka ku Utsogoleri

- ☑ Ndikutsimikiza kuti ndidzikhala ndi nthawi yolumikizana ndi Mulungu tsiku lililonse kuti ndisinthidwe ndi Mawu Ake pofuna kutetezeka ku **MAYESERO** a dziko lapansi.



Ntchito nawo- Kulingalira Payekhapayekha komanso

Kukambirana

1. Kodi ndi zovuta zANJI zimene zimakulepheretsani kukhala ndi nthawi ya Mawu a Mulungu?

2. Khalani m'magulu a anthu a pakati pa 3 ndi 5, ndipo sankhani munthu mmodzi kuti awerenge mawu a pa Afilipi 4:8 mokweza:

Pomaliza, abale ndi alongo, kalikonse komwe kali koona, kalikonse komwe kali kolemekezeka, kalikonse komwe kali kolondora, kalikonse komwe kali koyera, kalikonse komwe kali kosangalatsa, kalikonse komwe kali kosiliritisa—ngati kalikonso kali kopambana ndi kotamandika—ganizirani za zimenezo.

A F I L I P I 4 : 8

3. Perekani mwayi kwa munthu wina aliyense kuti afotokoze china chake cha m'moyo kapena muutumiki wawo chomwe chili choona, cholemkezeka, cholondora, choyera, chosangalatsa, chosiliritisa, chopambana, kapena chotamandika.



MPINGO WAMPHAMVU

Z O P O S A

Kodi Cholinga cha Mulungu pa
Moyo Wanga ndi Chiyani?



Kodi Cholinga cha Mulungu pa Moyo Wanga ndi Chotani?

Chizindikiro chachitatu cha wophunzira wa pa Aroma 12 chimakhudza ubale wathu ndi **IFE ENI AKE.**

1. Mafunso Atatu Odziwika Kwambiri

- A. Kodi ndine ndani? (**CHONDIZINDIKIRITSA**)
- B. Kodi ndi ili mbali iti? (**CHITETEO CHANGA**)
- C. Kodi ndikuyenera kuchita chiyani? (**KUFUNIKIRA KWANGA**)

2. Chondizindikiritsa Changa

Pakuti ndi chisomo chapatsidwa kwa ine, ndiuza munthu aliyense wa inu, kuti asadziyese koposa kumene ayenera kudziyesa; koma aganize modziletsa yekha, monga Mulungu anagawira kwa munthu aliyense muyeso wa chikhulupiriro.

A R O M A 1 2 : 3

Lamulo: ganizani MOLONDOLA zokhudza inu mwini.

Kodi ndine ndani? Ndine wosankhidwa, woyera, mwana wa Mulungu, ndi wolandira chisomo Chake (Aefeso 1:4-8).

3. Chitetezo Changa

Pakuti monga m'thupi limodzi tili nazo ziwalo zambiri, ndipo ziwalo zonsezo sizili nayo ntchito imodzimodzi; chomwecho ife, ndife ambiri, tili thupi limodzi mwa Khristu, ndi ziwalo zinzake, wina ndi wina.

A R O M A 1 2 : 4 - 5

Lamulo: Kukwaniritsa UDINDO wanga wopatsidwa ndi Mulungu.

Kodi ndi ili mbali iti? Mubanja la Mulungu.



4. Kufunikira Kwanga

Ndipo pokhala ife ndi mphatso zosiyana, monga mwa chisomo chopatsidwa kwa ife, kapena mphatso yakunenera, tinenere monga mwa muyeso wa chikhulupiriro; kapena yakutumikira, tidzipereke ku utumiki uwu; kapena iye wakuphunzitsa, kukuphunzitsako; kapena iye wakudandaulira, kukudandaulirako; wakugawira achite ndi mtima wona; iye wakuweruza, aweruze ndi changu; iye wakuchita chifundo, achite ndi kukondwa mtima.

A R O M A 12 : 6 - 8

Lamulo: Zindikirani ndi KUGWIRITSA NTCHITO mphatso zanga zauzimu.

Kodi ndikuyenera kuchita chiyani? Tumikiranani m'chikondi (Tikambirana mutu uwu pa phunziro lotsatira).

5. Monga M'tsogoleri

- A. CHONDIZINDIKIRTSA CHANGA: Muli olandiridwa **MOPANDA**
MALIRE mwachisomo cha Mulungu. Kotero, mumakhala
komanso kutumikira **CHIFUKWA CHA** kuvomereza Kwake, osati
kutumikira **KUTI** akuvomerezeni.

Pakuti muli opulumutsidwa ndi chisomo chakuchita mwa chikhulupiriro,
ndipo ichi chosachokera kwa inu: chili mphatso ya Mulungu; chosachokera
kuntchito, kuti asadzitamandire munthu aliyense.

A E F E S O 2 : 8 - 9

- B. CHITETEZO CHANGA: Mulungu amakuikani pamene
mukuyenera kukhala. Nthawi iliyonse yomwe **MUKUDZIFANIZIRA**
ndi atsogoleri ena, **MUMALEPHERA** nthawi zonse.

Pakuti ife ndife chipango chake, olengedwa mwa Khristu Yesu, kuchita
ntchito zabwino, zimene Mulungu anazipangiratu, kuti tikayende
m'menemo.

A E F E S O 2 : 1 0



PHUNZIRO 4

C. KUFUNIKIRA KWANGA: Monga mtsogoleri mu mpingo;
Mukuyenera KUKONZEKERETSA ena kuti atumikire.

Ndipo Iye anapatsa ena akhale atumwi; ndi ena aneneri; ndi ena alaliki;
ndi ena abusa, ndi ena aphunzitsi; kuti akonzere oyera mtima kuntchito ya
utumiki, kumangirira thupi la Khristu.

A E F E S O 4 ; 11 - 12



Kudzipereka ku Utsogoleri

- ☑ Ndikutsimikiza kudalira CHISOMO cha Mulungu ndi
ANTHU a Mulungu pokwaniritsa ntchito ya utumiki,
chifukwa sindingathe kuchita chilichonse pandekha.

🏠 Ntchito - Kulingalira Payekhapayekha komanso Zokambirana

1. Kudziyesa pa Lingaliro la Payekhapayekha;

Kodi ndingapititse patsogolo bwanji luso langa lokonzekeretsa ena?

A. Potengera zomwe zili pa Aroma 12, pezani mphatso zauzimu zimene Mulungu wakupatsani:

- | | | |
|-----------------------------------|------------------------------------|---|
| ☐ uneneri | ☐ kulimbikitsa | ☐ kutsogolera |
| ☐ kutumikira | ☐ kupereka | ☐ kuonetsa chifundo |
| ☐ kuphunzitsa | | |

B. Kulingalira Payekhapayekha: Kodi ndi chiyani chikukulepheretsani kuika chidwi pa mphatso yanu yaikulu yauzimu?



PHUNZIRO 4

C. Lingalirani ntchito yanu m'magawo akuluakulu atatu:

**NDIYENERA
KUCHITA**

(Mwayi Wolunjika
pa China Chake)

**NDIYENERA
KUCHITA**

(Mwayi Wounika)

NDIKANACHITA

(Mwayi Wotuma Ena)

CHOFUNIKIRA
KWAMBIRI



CHOFUNIKIRA
PANG'ONO

2. Kukambirana: Khalani m'magulu a anthu a pakati pa 3 ndi 4.
Ndi chiyani chofunikira kwambiri chokhudza inu chomwe
mwazindikira pa phunziroli?



MPINGO WAMPHAMVU

Z O P O S A

Kodi Ndingakhale Bwanji Mwaumodzi
ndi Anthu Ena?



Kodi Ndingakhale Bwanji pa Mogwirizana ndi Anthu Ena?

Chizindikiro chachinayi cha wophunzira wa pa Aroma 12 chikukhudza ubale wathu ndi **OKHULUPILIRA**.

1. Zofunika Kuchita kuti Munthu Ukule Muuzimu

- A. Funso: Ndi chifukwa chiyani Akhristu abwino komanso ofikapo ambiri amakhala **PAMODZIMODZI** **MUUZIMU**?
- B. Akhristu ambiri samadziika **PAMALO** oyenera.
- C. Malo oyenera ndi pomwe pali **UMODZI** **WENIWENI**.

Chikondano chikhale chopanda chinyengo. Dana nacho choipa; gwirizana nacho chabwino. M'chikondano cha anzanu wina ndi mnzake mukondane ndi chikondi chenicheni; mutsogolerane ndi kuchitira wina mnzake ulemu; 11musakhale aulesi m'machitidwe anu; khalani achangu mumzimu, tumikirani Ambuye; kondwerani m'chiyembekezo, pirirani m'masautso; limbikani chilimbikire m'kupemphera. Patsani zosowa oyera mtima; cherezani aulendo.

A R O M A 1 2 : 9 - 1 1

- D. Umodzi weniweni umapezeka m M'MAGULU
ANG'ONOANG'ONO.
- E. Dziwani kuti: si magulu onse ang'onoang'ono omwe mumakhala
UMODZI WENIWENI !
- F. Umodzi weniweni umaonekera ngati TITUMIKIRA
M'CHIKONDI .
- G. SITINGAGWERE muumodzi weniweni; pamafunika kuti
tichite kufuna komanso kukhala osunga mwambo.



2. Kodi kutumikira m'chikondi chimatanthauza chiyani?

A. Kutumikira m'chikondi kumachitika ngati:

Inu **WENIWENI** (Aroma 12:9),

Wapezana ndi **ZOFUNA** zenizeni (Aroma 12:10),

Pa **ZIFUKWA** zoyenera (Aroma 12:11),

Komanso **M'NJIRA** **YOYENERA** (Aroma 12:12).

B. Inu weniweni, osati **YEMWE MUKUFUNA KUDZAKHALA** .

Kukhala chenicheni chomwe uli – “Chikondi chathu chikhale choona mtima”

Chiyero – “Mudane ndi zoipa. Gwiritsani chomwe chili chabwino.”

C. Mwakumana ndi zosowa zenizeni, osati **ZONGOGANIZIRA** .

Kudzipereka – “Khalani odzipereka kwa wina ndi mnzake m'chikondi”

Kudzichepetsa – “Lemekezanani wina ndi mnzake koposa momwe mumadzilemekezera.”

D. Pazifukwa zolondola, osati pofuna **KUSANGALATSA** anthu.

Cholinga – “Musakhale osowekera khama, pitirizani kukhala olimbika muuzimu, kutumikira Mulungu.”

E. M'njira yolondola, osati modalira **MPHAMVU** zanu.

Kudalira Kumwamba – “Khalani achimwemwe m'chiyembekezo, odekha m'nyengo zowawa, achikhulupiliro m'pemphero.”

Kuika Chidwi pa Zofuna – “Gawanani ndi anthu a Mulungu omwe ali osowa. Khalani ochezeka kwa alendo.”

3. Kodi inu Mukukhala Muumodzi Weniweni?

Kupatula mkazi kapena mwamuna wanu, muli ndi anthu ena m'moyo mwanu omwe ...

- A. **AMAKUDZIWANI** ?
- B. **AMAKUKONDANI** ?
- C. **AMAKUUZANI** chilungamo?
- D. **AMAKULIMBIKITSANI** ?
- E. Mutha kuwaimbira foni kapena kuwaitana **PAKATI** pa **USIKU** ?
- F. Omwe **MUMAWATUMIKIRA** ?
- G. **AMAKUTUMIKIRANI** ?

Atsogoleri ayenera kuphunzira kulandira umodzi weniweni monga iwonso *amaonetsera* umodzi weniweni kwa ena.



Kudzipereka ku Utsogoleri

- ☑ Ndikutsimikiza kuti sindidziyang'ana za maubale
ONGOGANIZIRA CHABE okha ayi, koma ndidzakhala
muumodzi weniweni potumikira anthu ena mwachikondi.

🔗 Ntchito - Kulingalira Payekhapayekha komanso Kukambirana

1. Kulingalira: Motsatira mafunso omwe ali pa ngawo la “Kodi mukukhala muumodzi weniweni,” unikani maubale anu akuluakulu—kodi mukuchita bwanji?

Gawo la Moyo Loyenera Kuchitapo Kanthu

Gawo la Moyo Lochita Bwino

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

2. Kulingalira: Ndi athu awiri kapena atatu ati omwe muli nawo paubale kapena ubwenzi waukulu? Ndi zinthu ziti zomwe muyenera kuchita pofuna kupititsabe patsogolo ubalewu?

3. Sankhani munthu mmodzi kapena awiri kuti apemphererane kuti adzitha kulumikizana bwino ndi anthu ena m'maubale opatsa moyo.



MPINGO WAMPHAMVU

Z O P O S A

Ndingathane Bwanji ndi Zoipa
Zolunjika pa Ine?



Ndingathane Bwanji ndi Zoipa Zolunjika pa Ine?

Chizindikiro chachisanu cha wophunzira wa pa Arona 12 chikukhudza ubale wathu ndi iwo **OSAKHULUPILIRA**.

1. Momwe munthu ungachitire Zinthu Zosatheka

Dalitsani iwo akuzunza inu; dalitsani, musawatemberere. Kondwani nao iwo akukondwera; lirani nao akulira. Mukhale ndi mtima umodzi wina ndi mnzake. Musasamalire zinthu zazikulu, koma phatikanani nao odzichepetsa. Musadziyesere anzeru mwa inu nokha. Musabwezere munthu aliyense choipa chosinthana ndi choipa. Ganiziranitu zinthu za ulemu pamaso pa anthu onse. Ngati nkutheka, monga momwe mukhoza, khalani ndi mtendere ndi anthu onse. Musabwezere choipa, okondedwa, koma patukani pamkwiyo; pakuti kwalembedwa, Kubwezera kuli kwanga, Ine ndidzabwezera, ati Ambuye. Koma ngati mdani wako akumva njala, umdyetse, ngati akumva ludzu, ummwetse; pakuti pakutero udzaunjika makala a moto pamutu pake. Musagonje kwa choipa, koma ndi chabwino gonjetsani choipa.

A R O M A 12:14 - 21

A. Kukhala m'Khristu wa pa Aroma 12 SIKOVUTA ...
NDIKOTHEKA !

B. **Lamulo la Zoyenera Kuchita:** “Dalitsani iwo okuzunzani inu.”

CHIKHULULUKIRO – “Dalitsani iwo okuzunzani inu.”

KUDZIZINDIKIRITSA – “Kondwani nawo iwo akukondwera; lirani nao akulira.”

KUPHATIKANA NDI ENA – “Mukhale ndi mtima umodzi wina ndi mnzake. Musasamalire zinthu zazikulu, koma phatikanani nao odzichepetsa. Musadziyesere anzeru mwa inu nokha.”

C. **Lamulo Loletsa:** “Musabwezere munthu aliyense choipa chosinthana ndi choipa... Osabwezera.”

Zifukwa ziwiri zasonyeza chifukwa chomwe kubwezera ndi koletsedwa.

i. Kumalanda Mulungu udindo wa OWEREUZA. “koma patukani pamkwiyo.”

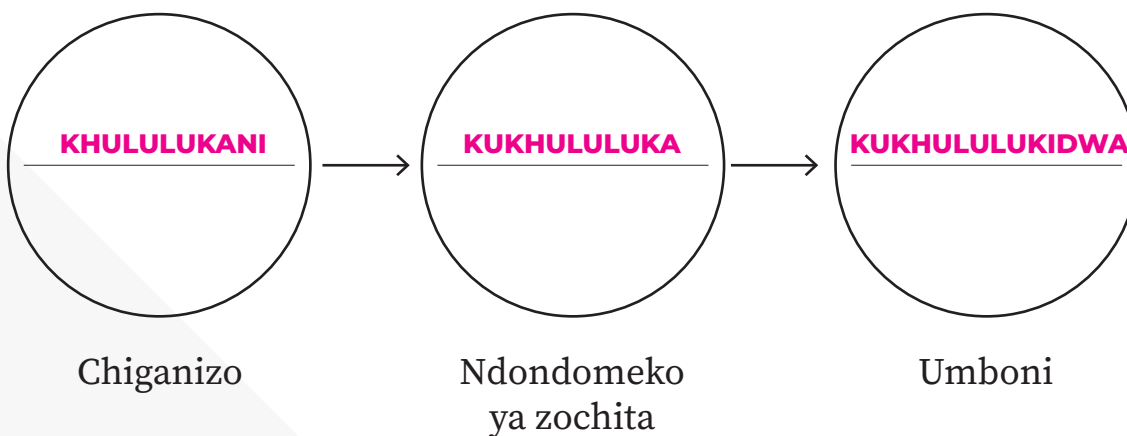
ii. Iyi ndi njira yabwino yobweretsera MTENDERE. “Koma ngati mdani wako akumva njala, umudyeste.”

D. **Chotsatira Chozizwitsa:** UBWINO udzagonjetsa kuipa.
“Ndi chabwino gonjetsani choipa.”



2. Kuchitapo Kanthu pa Choipa Motsogozedwa ndi Mzimu Woyera

- A. Dziwani kuti **UKALI** uli ngati kumwa **POIZONI** kenako ndikumayembekezera munthu winayo kuti adwala naye.
- B. Mankhwala a poizoni wa mkwiyo ndi **KUKHULULUKA**.
- C. **YAMBANI** ulendo wa kukhululuka.



- D. FUNSO: Ndi **MPHAMVU** **YAUZIMU** yochuluka bwanji yomwe muli okonzeka kusiyana nayo chifukwa cha **UKALI** wanu?



Kudzipereka ku Utsogoleri

- ☑ Ndikutsimikiza kuti ndidalira MPHAMVU YAUZIMU
ya Mulungu pomwe ndikuyamba ulendo wanga
wokhululuka pa choipa chilichonse cholunjika pa ine.

Ntchito - Zokambirana

1. Khalani m'magulu a anthu 3 kapena 5. Monga Yudasani anapereka Yesu m'manja mwa adani, ndi ndani yemwe anakuperekanipo inu mmanja mwa adani? Chinachitika ndi chiyani, ndipo Mulungu akukupemphani kuti mutani ndi ubale umenewu?

2. Chinthu choyamba chomwe muchite pokhululukira munthuyi ndi chiyani? Kodi pali wina wake yemwe atha kukuthandizani kuti mukwaniritse kuchita chinthucho?



MPINGO WAMPHAMVU
Z O P O S A

LIVING
ON THE EDGE

PHUNZIRO 6



MPINGO WAMPHAMVU

Z O P O S A

Chochita chotsatira ndi chiti?

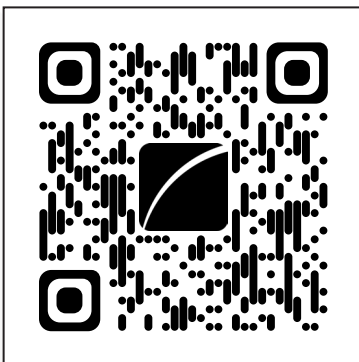


Mwachita Bwino Kwambiri!

IZI NDIYE ZOTSATIRA:

Ulendo wanu sukuthera pano.

Tili okondwa kukuthandizani ndi zinthu zosiyanasiyana zaulele zomwe zinakonzedwa kuti zikuthandizeni kumanga Mpingo Wamphamvu Zoposa. Kuonjezera apa, tingasangalale kwambiri kumva maganizo anu! Jambulani ndi foni yanu kodi ili mmunsiyi kuti mupeze zokuthandiziranizi. Mukazipeza, ziunikeneni mwachanguchangu ndi kutiuza momwe mwazionera. Tiye ni tipitirize kuphunzira ndi kukula limodzi!



▶ LOTE.me/HIC-NY

1. Magawo Atatu a Mpingo Wamphamvu Zoposa

1) Mpingo Wabwino (Zizindikiro zitatu)

- Anthu ambiri kubwera kwa Khristu
- Anthu otembenuka kukula m'kakhwimidwe
- Anthu okonzekeretsedwa kukwanitsa kuthandizapo pa zofuna za m'dera

2) Wophunzira Wabwino (Aroma 12)

- **Kudzipereka** moyo wanga
- **Kulekana** ndi dziko lapansi
- **Kudziunika** moona mtima
- **Kutumikira** m'chikondi
- **Kubwezera chabwino ku choipa** motsogozedwa ndi Mzimu Woyera

3) Kukhala Wophunzira Wabwino

- Pamaso pa Mulungu
- M'dera
- Pa Utumiki

Magawo
Atatu a
**MPINGO
WAMPHAMVU
ZOPOSA**



2. Kuchitapo Kanthu Monga Mtsogoleri wa pa Aroma 12

- A. Pemphani Mulungu kuti akupatseni MASOMPHENYA
ATSOPANO.

Ntchito iliyonse yopambana mu Ufumu wa Mulungu imayamba ndi pemphero! Pemphani Mulungu kuti akupatseni zikhulupiliro, nzeru, ndi kulimbamtima kwatsopano kuti muthe kukwaniritsa chifuniro chake.

- B. Bweretsani kusintha ndipo pangani anthu kukhala ophunzira a pa Aroma 12 mkati ndi kunja komwe. Yambani ndi INU ENI AKE, kenako, phunzitsani ATSOGOLERI, anu ndipo malizirani ndi kufotokoza za mfundoyi MUMPINGO wanu.

INU: Mulungu akufuna kuyamba ndi kugwira ntchito yaikulu mkati mwa inu asanayambe kugwira ntchito kudzera mwa inu. Anthu anu adzatsatira chitsanzo cha inu—muyenera KUKHALA wophunzira wa pa Aroma 12 kuti naonso AKHALE choncho.

ATSOGOLERI ANU: Abusa, simungachite chilichonse panokha! Ikani chidwi pa zinthu zochepa chabe, monga Yesu amachitira. Kodi a “Petulo, Yakobo ndi Yohane” anu ndi ati? Kodi ophunzira anu “12 ndi ati?” Pogwiritsa ntchito anthu ena ochepa chabe, mumakhala mukukhazikitsa gulu la atsogoleri a pa Aroma 12. Iwo adzakuthandizani kusintha mpingo wanu kukhala Mpingo wa Mphamvu Zoposa.

MPINGO WANU: Atsogoleri anu akatsimikiza kukhala atsogoleri a pa Aroma 12, iyo ndi nthawi yoti muphunzitse mpingo wanu wonse!



Chitsimikizo cha Mtsogoleri wa pa Aroma 12

Mwachisomo cha Mulungu, ndikufuna KUKHALA munthu yemwe ndikufuna anthu anga AKHALE. Zabwino zomwe ndikulingalira ndiyamba kuzichita, kotero kuti,

- ☑ Ndikutsimikiza kuti ndikhala wophunzira wa Yesu ndisanakhale mtsogoleri pa ntchito ya Yesu.
- ☑ Ndikutsimikiza kuti ndidzipereka ine ndense komanso zonse zomwe ndi ili nazo.
- ☑ Ndikutsimikiza kuti ndidzikhala pafupi ndi Mulungu kawirikawiri kuti ndithe kusinthika ndi Mawu Ake kusiyana ndi kugonjera mayesero a dziko lapansili.
- ☑ Ndikutsimikiza kuti ndidzadalira chisomo cha Mulungu ndi anthu a Mulungu kuti ndikwaniritse ntchito ya utumiki, pozindikira kuti sindingathe kuchita chilichonse pa ine ndekha.
- ☑ Ndikutsimikiza kuti sindidzakamba chabe za maubale enieni, ndipo ndidzakhala pa umodzi weniweni potumikira anthu ena m'chikondi.
- ☑ Ndikutsimikiza kuti ndidzidalira mphamvu yauzimu ya Mulungu kuti ndiyambe ulendo wokhululuka pa choipa chomwe chalunjika pa ine.

DZINA: _____ TSIKU: _____

[illegible]